SHARON SPRINGS CENTRAL SCHOOL Oct, 2024 Breakfast & Lunch Menu

Available Daily: Grilled Chicken Salad, Fruit and Yogurt Parfait, PBJ, Assorted Fruit, Milk and Water

Available Daily. G	rilled Chicken Salad, i			,			
	1. Seasoned Meat for Totcho's or WG Nachos Lettuce, Cheese, Refried & Black Beans Salsa, Sour Cream & Golden Corn	2. Oven Baked Chicken Baked Potato Flavored Carrots WW Dinner Roll	3. SSCS Spartan Bowl! WG Popcorn Chicken Mashed Potatoes LS Gravy Golden Corn	4. Homemade Pizza OR, WG Stuffed Crust Pizza Cheese or Pepperoni OR WG Pretzel Yogurt & Cheese Garden Salad Lite Ranch			
7. WG Chicken Patty WW Bun Tatar Tots Green Beans	8. WW Soft Shell Taco OR WG Taco Salad (Beef or Hot Wing Dip) Lettuce, Cheese Refried & Black Beans Salsa Sour Cream Golden Corn	9. WG French Toast Sticks OR WG Pancake Breakfast Sandwich Sausage Juice Cup Fresh Veggie Sticks	10. Hotdog/WW Bun OR WG Corndog Tatar Tots Baked Beans Broccoli PULLED PORK DINNER	11. Stuffed Crust OR French Bread Pizza Cheese or Pepperoni OR WG Pretzel Yogurt & Cheese Garden Salad Lite Ranch			
14. SCHOOL CLOSED FOR COLUMBUS DAY	15. Seasoned Meat for Totcho's or WG Nachos Lettuce, Cheese, Refried & Black Beans Salsa, Sour Cream & Golden Corn	16. WG Oriental Popcorn Chicken OR WG Plain Popcorn Chicken Herbed Rice Steamed Broccoli	17. WW Grilled Cheese OR WW BLT Tomato Soup Baked Chips Fresh Veggie Sticks & Carrots	18. Homemade Pizza OR WG Stuffed Crust Pizza Cheese or Pepperoni OR WG Pretzel Yogurt & Cheese Garden Salad Lite Ranch			
21. Hamburger/ WW Bun OR Riblet/WW Bun Tatar Tots Cheese Slice Pickles, Baked Beans & Green Beans	22. WW Soft Shell Taco OR WG Taco Salad (Beef or Hot Wing Dip) Lettuce, Cheese Refried & Black Beans, Salsa Sour Cream Golden Corn	23. WG Chicken Tenders Herbed Rice Steamed Broccoli	24. WG Chicken Nuggets Scalloped Potatoes Favored Carrots WW Dinner Roll	25. Homemade Pizza OR WG Stuffed Crust Pizza Cheese or Pepperoni OR WG Pretzel Yogurt & Cheese Garden Salad Lite Ranch			
28. WG Mac & Cheese OR WG Buffalo Chicken Mac & Cheese WW Dinner Roll Green Beans	29. WG Chicken Patty WW Bun Tatar Tots Broccoli	30. Sweet & Sour Popcorn Chicken or Plain Popcorn Chicken Herbed Rice Flavored Carrots	31. SPOOK-ETTI & EYEBALLS MUMMY GARLIC BREAD & SCREAM BEANS BOOOOOOOOOO				
K-5 BREAKFAST IN THE CLASSROOM							

Every Monday WG Bagel w/ Cream Cheese	Every Tuesday WW Chocolate Chip Muffin	Every Wednesday Breakfast Meal Kits	Every Thursday Cinnamon or Strawberry Pull	Every Friday WW Chocolate Chip Muffin		
Fruit, Juice & Milk	Fruit, Juice & Milk		A parts	Fruit		
			Fruit, Juice & Milk	Juice & Milk		
6-12 GRAB & GO BREAKEAST						

Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday
WG Cereal OR WW	WG Cereal OR WW	WG Cereal OR	WG Cereal OR	WG Cereal OR
Breakfast Sandwich OR	Chocolate Chip Muffin OR	WW Breakfast Sandwich OR	Cinnamon or Strawberry Pull	WW Chocolate Chip Muffin
WW Bagel w/ Cream Cheese	WW Bagel w/ Cream Cheese	WG Bagel w/ Cream Cheese	A parts,	Or
Fruit, Juice & Milk	Fruit, Juice & Milk	OR	WW Bagel w/ Cream Cheese	WG Bagel w/ Cream Cheese
		Flavored Waffles	Fruit, Juice & Milk	Fruit, Juice& Milk
		Fruit, Juice & Milk		