






SHARON SPRINGS CSD

March, 2018 BREAKFAST & LUNCH MENU

AVAILABLE DAILY: GRILLED CHICKEN SALAD, FRUIT & YOGURT PARFAIT, PBJ, WATER

ASSORTED CANNED & FRESH FRUITS & LOW FAT CHOCOLATE, STRAWBERRY and WHITE MILKS.

			<p>1. Hotdog/WW Bun OR Ribaque/Bun Mashed Potatoes Veggie Sticks</p> 	<p>2. Homemade Cheese or Pepperoni Pizza OR Chicken Patty/WW Bun Romaine Spinach Garden Salad, LF Dressings Locally Grown Crispy Apples</p>
<p>5. Macaroni & Cheese OR Beefy Taco Mac & Cheese WW Dinner Roll Broccoli</p>	<p>6. Beef Taco OR Chicken Nacho Taco Lettuce Cheese Tomato Black Bean Salsa Herb Enhanced Rice</p>	<p>7. Chicken Nuggets Mashed Potatoes Butternut Squash</p>	<p>8. Build your own Burger/WW Bun Oven Baked Fries Flavored Carrots</p>	<p>9. School Closed For A Conference Day</p>
<p>12. Grilled Cheese Sandwich OR Egg Salad Sandwich Tomato Soup Carrot Pepper & Celery Sticks</p>	<p>13. Beef Taco OR Chicken Nacho Taco Lettuce Cheese Tomato Black Bean Salsa Herb Enhanced Rice</p>	<p>14. Chicken Patty/WW Bun Oven Baked Fries Green Pea's</p>	<p>15. Meatball Sub OR Oven Baked Ziti/Meatballs Green Beans</p>	<p>16. Homemade Cheese or Pepperoni Pizza OR Chicken Patty/WW Bun Romaine Spinach Garden Salad, LF Dressings Locally Grown Crispy Apples</p>
<p>19. Buffalo Wing Ziti OR Oven Spaghetti w/ Meatballs Green Beans Garlic Bread</p>	<p>20. Beef Taco OR Chicken Nacho Taco Lettuce Cheese Tomato Black Bean Salsa Herb Enhanced Rice</p>	<p>21. Chicken Nuggets Mashed Potatoes Spinach</p>	<p>22. Build your own Burger/WW Bun Oven Baked Fries Golden Crisp Corn</p> 	<p>23. Homemade Cheese or Pepperoni Pizza OR Chicken Patty/WW Bun Romaine Spinach Garden Salad, LF Dressings Locally Grown Crispy Apples</p>
<p>26. Spartan Kids Favorite <u>Popcorn Chicken Bowl</u> Popcorn Chicken Mashed Potatoes LS Gravy LF Shredded Cheese Golden Crisp Corn</p>	<p>27. Beef Taco OR Chicken Nacho Taco Lettuce Cheese Tomato Black Bean Salsa Herb Enhanced Rice</p>	<p>28. Chicken Patty/WW Bun Oven Baked Fries Green Pea's</p>	<p>29. Beefy Taco Mac & Cheese OR Chicken Taco Bake WW Dinner Roll</p>	<p>30. School Closed For Good Friday</p>

MENU SUBJECT TO CHANGE

<p>Every Monday Breakfast Sandwich OR WG Flavored Pancake or Waffles OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Tuesday Homemade Chocolate Chip Muffin OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Wednesday Breakfast Sandwich OR WG French Toast Sticks OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Thursday Homemade Chocolate Chip Muffin OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Friday Homemade WG Cinnamon Bun OR OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>
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