

SHARON SPRINGS CSD

October, 2017 BREAKFAST & LUNCH MENU

**AVAILABLE DAILY: GRILLED CHICKEN SALAD, FRUIT & YOGURT PARFAIT, PBJ, WATER
ASSORTED CANNED & FRESH FRUITS & LOW FAT CHOCOLATE, STRAWBERRY and WHITE
MILKS.**

<p>2. Open Face Hot Turkey Sandwich on WW Bread Cranberry Sauce Flavored Carrots</p>	<p>3. Hotdog/Bun Mashed Potatoes Baked Beans</p> 	<p>4. Chicken Patty/WW Bun Oven Baked Fries Jolly Green Giants Green Beans</p>	<p>5. Build your own Burger/WW Bun Herb Enhanced Rice Parsons Vegetable Stands Corn on the Cob</p> 	<p>6. School Closed For a Conference Day</p>
<p>9. School Closed For Columbus Day</p>	<p>10. Beef Taco OR Beefy Nacho Taco*NEW Lettuce Cheese Tomato Black Bean Salsa Mac Salad with a Rainbow of colored veggies</p>	<p>11. Chicken Nuggets Baked Fries Jolly Green Giants Green Beans</p> 	<p>12. Meatball Sub OR Hotdog/Bun Mashed Potatoes Baked Beans</p>	<p>13. Homemade Cheese or Pepperoni Pizza OR Chicken Patty/WW Bun Romaine Spinach Garden Salad, LF Dressings Sharon Orchards Crispy Apples</p>
<p>16. Spartans Popcorn <u>Chicken Bowl</u> Popcorn Chicken Mashed Potatoes LS Gravy LF Shredded Cheese Golden Crisp Corn</p>	<p>17. Grilled Cheese Sandwich OR Egg Salad Sandwich Tomato Soup Carrot Pepper & Celery Sticks</p>	<p>18. Chicken Patty/WW Bun Oven Baked Fries Parsons Vegetable Stands Winter Squash</p>	<p>19. Build your own Burger/WW Bun Herb Enhanced Rice Flavored Carrots</p>	<p>20. Homemade Cheese or Pepperoni Pizza OR Chicken Patty/WW Bun Romaine Spinach Garden Salad, LF Dressings Sharon Orchards Crispy Apples</p>
<p>23. WG French Toast Sticks OR WG Flavored Pancakes Turkey Sausage Stone House Farms Pure Maple Syrup Carrot and Celery Sticks</p>	<p>24. Beef Taco OR Buffalo Chicken Nacho Taco *NEW Lettuce Cheese Tomato Black Bean Salsa Mac Salad with a Rainbow of colored veggies</p>	<p>25. Chicken Nuggets Baked Fries Jolly Green Giants Green Beans</p>	<p>26. Western Burger WW Bun *NEW OR Sloppy Joe/WW Bun Scalloped Potatoes Baked Beans</p>	<p>27. Homemade Cheese or Pepperoni Pizza OR Chicken Patty/WW Bun Romaine Spinach Garden Salad, LF Dressing Sharon Orchards Crispy Apples</p>
<p>30. Chicken Patty Parm WG Spaghetti w/ Sauce Garlic Bread Garden Salad LF Dressing</p>	<p>31. Hall-O-Weenie/WW Bun Monster Mashed Potatoes Frightful Veggie Finger Sticks Dirt & Worm Dessert Monstrous Milk</p>			

MENU SUBJECT TO CHANGE

<p>Every Monday Breakfast Sandwich OR WG Flavored Pancake or Waffles OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Tuesday Homemade Chocolate Chip Muffin OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Wednesday WG French Toast Sticks OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Thursday Homemade Chocolate Chip Muffin OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>	<p>Every Friday Breakfast Sandwich OR Homemade WG Cinnamon Bun OR OR Cold Cereal Choice w/ Graham Cracker OR WG Bagel w/ Cream Cheese Fruit Juice Milk</p>
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PLAN A VISIT AND CELEBRATE YOUR LOCAL FARMS!!



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